

Curriculum Vitae
Zeynep Ceren Acartürk
Koç University
Department of Psychology
College of Social Sciences and Humanities
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Education

Vrije University, Amsterdam 2009
PhD, Department of Clinical Psychology
Epidemiology and Treatment of Social Anxiety Disorder

Middle East Technical University 2005
Ms, Department of Psychology
Clinical Psychology

Boğaziçi University 2001
BA, Psychology

EMPLOYMENT

Associate Professor
Koç University
Department of Psychology
Istanbul, Turkey
September 2019- present

Associate Professor
Istanbul Sehir University
Department of Psychology
Istanbul, Turkey
November 2017- 2019

Assistant Professor
Istanbul Sehir University
Department of Psychology
Istanbul, Turkey
2012- 2017

Post-Doc Researcher
University of Amsterdam
Social Medicine Department
Medical School
Amsterdam, NL
2009-2010

Psychologist
I-Psy Interculturele Psychiatrie
Amsterdam, NL
2008-2012

Psychologist
Stichting Illiminatus
Interculturele Psychiatrie

Utrecht, NL
2006-2008

Teaching Assistant
Istanbul Dogus University

Istanbul, Turkey
2004-2006

PUBLICATIONS

*Denotes graduate student

Fuhr, D.C., **Acarturk, C.**, McGrath, M., Ilkkursun, Z., Sondorp, E., Sijbrandij, M., Ventevogel, P., Cuijpers, P., McKee, M., & Roberts, B. (2019). Treatment gap and mental health service use among Syrian refugees in Sultanbeyli, Istanbul: a cross-sectional survey. *Epidemiology and Psychiatric Sciences*. 29 (Supplement_4), ckz185-579. doi: 10.1017/S2045796019000660

de Graaff, A., Cuijpers, P., **Acarturk, C.**, Bryant, R., Burchert, S., Fuhr, D.,, Sijbrandij, M. (in press) Effectiveness of a peer-refugee delivered psychological intervention to reduce psychological distress among adult Syrian refugees in the Netherlands: study protocol. *European Journal of Psychotraumatology*.

Purgato, M., Carswell, K., **Acarturk, C.**, Au, T., Nosè, M., Ostuzzi, G., van Ommeren, M. (in press). Effectiveness and cost-effectiveness of Self Help Plus (SH+) for preventing mental disorders in refugees and asylum seekers in Europe and Turkey: study protocols for two randomized controlled trials. *BMJ Open*.

Acarturk, C., Alyanak, B., Cetinkaya, M., Gulen, B., Jalal, B., & Hinton, D. (2019). Adaptation of Transdiagnostic CBT for Turkish Adolescents: Examples from Culturally Adapted Multiplex CBT (CA Multiplex CBT). *Cognitive and Behavioral Practice*. doi: 10.1016/j.cbpra.2019.02.007

Turrini, G., Purgato, M., **Acarturk, C.**, Anttila, M., Au, T., Ballette, F.,, Barbui, C. (2019). Efficacy and acceptability of psychosocial interventions in asylum seekers and refugees: Systematic review and meta-analysis. *Epidemiology and Psychiatric Sciences* doi: 10.1017/S2045796019000027

Cange, C., Brunell, C., **Acarturk, C.**, Fouad, F. M. (2018). Considering chronic uncertainty among Syrian refugees resettling in Europe. *The Lancet*, doi: 10.1016/S2468-2667(18)30261-5

Acarturk, C., Abuhamdeh, S., Jalal, B., Unaldi, N., Alyanak, B., Cetinkaya, M., Gulen, B., & Hinton, D. (2018). Culturally Adapted Transdiagnostic CBT for SSRI-Resistant Turkish Adolescents: A Pilot Study. *American Journal of Orthopsychiatry*. doi: 10.1037/ort0000310

Acarturk, C., Çetinkaya, M., Senay, I., Gulen, B., & Hinton, D. (2017). Prevalence and predictors of Post-Traumatic Stress and Depression symptoms among Syrian refugees in a refugee camp. *J Nervous Mental Disease*, 206(1), 40-45.

Sijbrandij, M., **Acarturk, C.,** Bird, M., Bryant, R.A., Burchert, S., Carswell, K., ..., Cuijpers, P. (2017). Strengthening mental health care systems for Syrian refugees in Europe and the Middle East: integrating scalable psychological interventions in eight countries. *European J Psychotraumatology*, 8(sup2):1388102. doi: 10.1080/20008198.2017.1388102.

Smeeke, A., Verkuyten, M., Çelebi, E., **Acarturk, C.,** Onkun, S. (2017). Social identity continuity and mental health among Syrian refugees in Turkey. *Soc Psychiatry Psychiatr Epidemiol*. 52(10):1317-1324. doi: 10.1007/s00127-017-1424-7

Acarturk, C., Konuk, E., Çetinkaya, M., Senay, I., Sijbrandij, M., Gulen, B., & Cuijpers, P. (2016). The efficacy of Eye Movement Desensitization and Reprocessing for PTSD and Depression among Syrian Refugees: Results of a Randomized Controlled Trial. *Psychol Medicine*, 1, 1-11.

Cuijpers, P., Ebert, D., **Acarturk, C.,** Andersson, G., Cristea, I. (2016) Personalized psychotherapy for adult depression: A meta-analytic review. *Behavior Therapy*. doi: 10.1016/j.beth.2016.04.007

Acarturk, C. (2016). Göç ve Ruh Sağlığı İlişkisi [The relationship between migration and mental health]. *The Journal of Academic Social Science*, 25, 137- 150.

Uğurlu*, N., Akca, L., **Acarturk, C.** (2016). An art therapy intervention for symptoms of post-traumatic stress, depression, and anxiety among Syrian refugee children. *Vulnerable Child and Youth Studies*. doi: 10.1080/17450128.2016.1181288

Acarturk, C., Konuk, E., Çetinkaya, M., Senay, I., Sijbrandij, M., Cuijpers, P., Aker, A. (2015) EMDR for Syrian Refugees with Posttraumatic Stress Disorder Symptoms: Results of a pilot randomized controlled trial, *European J Psychotraumatology*, 6, 27414.

Acarturk, C.Z., Nierkens, V., Agyemang, C., Stronks, K. (2011) Depressive symptoms and smoking among young Turkish and Moroccan ethnic minority groups in The Netherlands: a cross-sectional study, *Substance Abuse Treatment Prevention Policy*, 17; 6:5.

Acarturk, Z.C., Smit, F., de Graaf R., van Straten A., ten Have M., and Cuijpers, P. (2009) Economic costs of social phobia: a population based study, *Journal of Affective Disorders*, 115(3), 421-429.

Acarturk, Z.C., Smit, F., de Graaf R., van Straten A., ten Have M., and Cuijpers, P. (2009) Incidence of social phobia and identification of its risk indicators: a model for prevention, *Acta Psychiatrica Scandinavica*, 119(1), 62-70.

Acarturk, Z.C., Cuijpers P., van Straten A., and de Graaf R. (2008) Psychological treatment of Social Anxiety Disorder: a meta-analysis, *Psychological Medicine*, 28(1), 1-14.

Acarturk, Z.C., de Graaf R., van Straten A., ten Have M. and Cuijpers P. (2008) Social Phobia and Number of Social Fears , their association with comorbidity, health related quality of life and help seeking: a population-based study, *Social Psychiatry Psychiatric Epidemiology*, 43(4), 273-279.

Karancı, A. N., & **Acarturk, C.** (2005). Post-traumatic growth among Marmara Earthquake survivor involved in disaster preparedness as volunteers, *Traumatology*, 11(4), 307-323.

Conference Presentations

Acarturk, C. (2019) Self Help Plus (SH+) as a preventive intervention for mental health disorders among Syrian refugees. 2-6 November, American Public Health Association Annual Meeting (APHA), Philadelphia

Acarturk, C. (2019) Conducting clinical trials in refugees in middle income countries: the RE-DEFINE project in Turkey. 6-8 June, 13th Conference of the European Network for Mental Health Service Evaluation (ENMESH), Lisbon

Acarturk, C. (2019) Group PM+ in reducing symptoms of psychological distress among Syrian refugees in Turkey: Feasibility Trial. 14-16 June, 16th Conference of the European Society of Traumatic Stress Studies (ESTSS), Rotterdam

Acarturk, C. (2019) Syrian Refugees in Turkey: Symptoms of Mental Health Disorders and Effectiveness of Pilot Group Problem Management Plus (gPM+) in Reducing Psychological Distress. 17-20 July, 9th World Congress of Behavioral and Cognitive Therapies, Berlin

Acarturk, Z. C. (2018) Psychosocial interventions for common mental health problems among Syrian refugees in Turkey. 4-7 April, 19th Congress of the Section of the Epidemiology and Social Psychiatry of European Psychiatry Association, Vienna

Acarturk, Z. C. (2017) Refugees and Mental Health. 23-30 April, 31st European Federation of Psychology Student's Association Congress, Azerbaijan.

Acarturk, Z. C. (2017). Eye movement desensitization and reprocessing for Syrian refugees with PTSD: result of a randomized controlled trial. 2-5 June, 15th European Society for Traumatic Stress Studies, Odense.

Acarturk, Z. C. (2017) EMDR for PTSD and Depression among Syrian Refugees. 11-14 July, 15th European Congress of Psychology, Amsterdam.

Acarturk, Z. C. (2015) Prevalence and predictors of symptoms of posttraumatic stress disorder and depression among Syrian refugees. APA Annual Convention, Toronto, CA

Acarturk, Z. C. (2014) EMDR intervention for Posttraumatic Stress Disorder and Depression among Syrian refugees: A Randomized Controlled Trial. APA Annual Convention, Washington DC, USA

Acarturk, Z. C. (2013) EMDR intervention for psychological trauma among Syrian refugees: Results of a Randomized Controlled Trial. International Psychology Congress of Dubai, Dubai

Acarturk, Z. C. (2011) Migration and Mental Health: Group Therapy for Migrants with Depression. June 2-5, International Congress of Cognitive Psychotherapy, Istanbul.

Acarturk, Z.C., Karanci, A.N., & Aker, A.T. (2004) Predictors of Post-Traumatic Growth among the Marmara 1999 Earthquake Survivors. December 2-5, Psychological Trauma Meeting III, Istanbul.

Karanci, A.N. & **Acarturk**, Z.C. (2004) The Effect of Being a “Disaster Volunteer” on Psychological Distress and Post-Traumatic Growth among the Survivors of the 1999 Marmara, Turkey Earthquake. December, 2-4, Hazards 2004, Hyderabad.

Projects

2018-2020: Principal Investigator (Turkey), REDEFINE EU Horizon 2020 Projects, 779255

Amount: 406,000 euro

2017 - 2021: Principal Investigator (Turkey), STRENGTHS: EU Horizon 2020 Project, 733337

Amount: 199,000 euro

2015 – 2016: Expert in Trauma Psychology, Combating Domestic Violence (G.I.Z.)

2014 - 2015: Expert in Trauma Psychology, Wo/men for Women (Hazar Education, Culture and Solidarity Association, *EuropeAid/133168/M/ACT/TR*)

2013 - 2015: Supervisor, Child Abuse and Neglect: Youth Disseminating Life Skills Programme (initiated by Child Protection Centers Support Society; funded by Consulate General of Sweden and Netherlands).

Teaching Experience

Abnormal Psychology

Advanced Abnormal Psychology

Child and Adolescent Psychopathology

Psychology of Trauma

Lifespan Developmental Psychology

History and Systems of Psychology

University & Department Service

2018- : Committee Member, G. S. of Humanities and Social Sciences Istanbul Sehir University
2014- 2015 : Chair, Department of Psychology Istanbul Sehir University
2013-2015: Erasmus Representative of the department Istanbul Sehir University

Service to the Profession and Community

2015-present: Abstract Reviewer **International Society for Traumatic Stress Studies**
2012-2013: Board Member, **Turkish Psychological Association**
2015- present: Board Member **Maya Foundation**

Awards

2017: Tübitak Teşvik (EU Horizon 2020 Projects, 779255)

2016: Tübitak Teşvik (EU Horizon 2020 Project, 733337)

2017 Francine Shapiro Best Paper Award

Acarturk, E. Konuk, M. Cetinkaya, I. Senay, M. Sijbrandij, B. Gulen and P. Cuijpers

The efficacy of eye movement desensitization and reprocessing for post-traumatic stress disorder and depression among Syrian refugees: results of a randomized controlled trial. Psychol Med. 2016 Sep;46(12):2583-93.

Professional Affiliations

Turkish Psychological Association

EMDR Association, Turkey

American Public Health Association