

Gülşah KURT

Koç University, Rumeli Feneri Yolu SNAB Building B101 Sarıyer Istanbul
34450 Turkey
Mobile Number: +90 (541) 584 56 92 or + 90 (535) 875 18 86 (Turkey)
gkurt18@ku.edu.tr

EDUCATION

- 2018 – present**
Ph.D. **Koç University, Istanbul, Turkey**
PhD Student in Social and Organizational Psychology, Social Psychology Track
Teaching and Research Assistant
Graduate School of Social Sciences & Humanities
Supervisor: Assoc. Prof. Zeynep Cemalcılar
Courses: Research Methods I Grade: A
Research Methods II Grade: A+
Advanced Social Psychology Grade: A
Advanced Industrial & Organizational Psy. Grade: A
Cross-cultural Management Grade: A
Behavioral Seminar in Marketing Grade: A
- 2017 – 2018**
M.Sc. **Utrecht University, Utrecht, The Netherlands**
MSc. in Clinical Psychology with Cum Laude.
Faculty of Social and Behavioral Sciences
CGPA: 8.36/10.
Thesis Title: Cross-cultural Study of Loss Coping and Somatic Symptoms: Comparison of Turkish, Dutch bereaved and Turkish Immigrants in The Netherlands, with Distinction.
Thesis Advisor: Assoc. Prof. Henk Schut.
- 2012-2017**
B.S. **Middle East Technical University, Ankara, Turkey.**
B.S. in Psychology with Summa Cum Laude.
Faculty of Arts & Sciences
CGPA: 3.91/4.00, 4th out of 88 students.
- B.A.** **B.A. Minor Degree in International Relations with a focus on European Studies.**
CGPA: 3.67/4.00. Highest Ranked in the Minor Program.

RESEARCH INTERESTS

Social Identity, Acculturation, Wellbeing & Social Integration, Self-Determination Theory in Social Context, Political Psychology.

RESEARCH EXPERIENCES

- 2018 – present**
Research Assistant **Social Interaction & Media Lab (SimLab)**
Koç University, Istanbul, Turkey
Graduate School of Social Sciences & Humanities
Principal Investigator: Assoc. Prof. Zeynep Cemalcılar & Assoc. Prof. Lemi Baruh.
Lab Project: Effects of Social Context & Media on Human Behavior and Group Processes.
Tasks & Duties: Conducting Survey & Experimental Studies, Literature Review, Preparing Research Proposals, Data Collection, Qualitative & Quantitative Analysis, Assisting undergraduate students.
- 2018 – present**
Research Assistant **KARMA Virtual & Augmented Reality Lab**
Koç University, Istanbul, Turkey
Graduate School of Social Sciences & Humanities
Principal Investigator: Assoc. Prof. Asim Evren Yantaç.
Lab Project: Use of Virtual Reality in Improving Intergroup Relations.
Tasks & Duties: Literature Review, Preparing Research Proposals, Data Collection, Conducting Social Psychology study in 360-degree video & virtual reality.

- 2018 – 2019**
Research Assistant
Leadership Lab
Koç University, Istanbul, Turkey
Graduate School of Social Sciences & Humanities
Principal Investigator: Prof. Zeynep Aycan.
Lab Interests: Worries about Leadership from Multidisciplinary Perspective, Cross-cultural organizational behavior & health.
Tasks & Duties: Conducting Survey & Experimental Studies, Literature Review, Preparing Research Proposals, Data Collection, Qualitative & Quantitative Analysis, Assisting undergraduate students.
- 2018 January- June**
Research Assistant
Clinical Psychology Research Group
University of Amsterdam, Amsterdam, The Netherlands
Principal Investigator: Prof. Arnoud Arntz.
Worked with his Post-Doc Student: Dr. Duygu Yakın.
Lab Project: Mechanisms of Change in Schema Therapy in Turkish Immigrants and English Expats in the Netherlands.
Tasks & Duties: Literature Review, Preparing Research Proposals.
- 2017 February – July**
Research Assistant
Clinical Psychology Lab
Middle East Technical University, Ankara, Turkey
Faculty of Arts & Sciences
Principal Investigator: Assoc. Prof. Deniz Canel Çinarbaş.
Lab Project: Adaptation of Beck Depression Inventory II to Turkish context.
Tasks & Duties: Literature Review, Preparing Research Proposals, Data Collection from psychiatric Patients at Hacettepe University Hospital, outpatients at AYNA Mental Health Center, university students, Data Entry in SPSS.
- 2016 – 2017**
Research Assistant
Child Development Lab
Middle East Technical University, Ankara, Turkey
Faculty of Arts & Sciences
Principal Investigator: Prof. Sibel Kazak-Berument.
Lab Project:
Tasks & Duties: Data collection from low SES children & their families via home Visits, literature review.
- 2016 June-August**
Research Assistant
Social Psychology Lab
University of St. Andrews, St. Andrews, Scotland.
School of Neuroscience and Psychology
Principal Investigator: Assoc. Prof. Kenneth Mavor.
Lab Project: medical professionals' identity & well-being, well-being of ethnic minorities in Scotland and development of a new personality scale
Tasks & Duties: Worked at 3 studies simultaneously Literature Review, Questionnaire, Building on Qualtrics, Preparing Research Proposal, Data Collection, Design of Official Website.
- 2016 July-August**
Research Assistant
Health Psychological Lab
University of St. Andrews, St. Andrews, Scotland.
School of Medicine.
Principal Investigator: Assoc. Prof. Gözde Ozakinci.
Lab Project: Message Framing & Healthy Behavior Change.
Tasks & Duties: Literature Review, Qualitative Analysis, Weekly Reading Club Attendance & Leading, Preparing a new study.

RESEARCH PROJECTS

- "I need soil and sunlight to thrive": Role of Basic Psychological Needs in Syrian Refugees' Well-being and Social Integration.
Current Status: Pilot has been completed. Qualitative part has started.
- "I care me, us and them": Role of Self-Compassion in Intergroup Emotions and Behaviors.
Current Status: Data from American sample were collected. Data collection from Turkish sample continues.
- Use of Virtual Reality to Improve Intergroup Relations.
Current Status: Preparation for data collection.
- "Child in me does (not) allow me to be a leader": Role of Early Maladaptive Schemas and Worries About Leadership in Leader Emergence.
Current Status: Data collection will start soon.
- Cross-cultural Study of Loss Coping and Somatic Symptoms: Comparison of Turkish, Dutch bereaved and Turkish immigrants in The Netherlands.
Current Status: preparation for the submission.
- Using Theory of Planned Behavior to Investigate the Factors Associated with Illicit Use of Cognitive Enhancers to Increase Academic Performance. Collaborated with Dr. Pelin-Ozgun Polat, St. Andrews University.
Current status: preparation for the submission.
- Attitudes towards Atheist People Scale, *Term Project for Testing and Measurement Course in 2015.*
- The Effects of General Self-regulation and Self-regulation in Traffic on Driving Behaviors, *Term Project for Research in Traffic and Transportation Psychology in 2015.*
- How Do Culture and Unanimity Influence Conformity of College Students, *Term Project for Research Methods II in 2014.*

ACADEMIC CONFERENCES

- 2019, June. "I care about me, us and them: Role of Self-Compassion in Intergroup Emotions and Behaviors." Presented at Meeting on Intergroup Communication, European Association of Social Psychology, Bologna, Italy, 26-28 June 2019.
- 2018, November. "Cross-cultural Study of Loss Coping and Somatic Symptoms: Comparison of Turkish, Dutch bereaved and Turkish immigrants in The Netherlands." Presented at 20th National Psychology Congress, Ankara, Turkey, 15-17 November 2018.
- 2016, December. "Using Theory of Planned Behavior to Investigate the Factors Associated with Illicit Use of Cognitive Enhancers to Increase Academic Performance. Presented at 10th National Addiction Congress, Antalya, Turkey, 14-17 December 2016.

CLINICAL EXPERIENCES

2017-2018

**Clinical Psychology
Trainee**

**ESENS GGZ, Utrecht & Tilburg, The Netherlands.
Intercultural Mental Health Center**

Description: ESENS GGZ offers an outpatient mental health care to the immigrants in the Netherlands in their language.

Clinical Supervisor: Dr. Murat Can.

Academic Supervisor: Dr. Haza Rahim.

Tasks & Duties: Conducting intake interviews, providing individual therapies to the Clients with Depressive, Anxiety and trauma related disorders, writing case reports, Doing presentations to inform the practitioners as to the latest developments in the area.

- 2016 August-September** **Feneryolu Clinic of Neuropsychiatry Istanbul Hospital, İstanbul, Turkey.**
Clinical Psychology **Neuropsychiatry Hospital**
Trainee Description: It is a specific branch of Neuropsychiatry Istanbul Hospital which offers a treatment for anxiety and depressive disorders.
Clinical Supervisor: Clinical Psychologist Cengiz Demirsoy
Academic Supervisor: Özlem Bozo-Irkin.
Tasks & Duties: observation of cognitive-behavioral techniques for the treatment of anxiety disorders.
- 2015 June-July** **Neuropsychiatry Istanbul Hospital (Npi), İstanbul, Turkey.**
Clinical Psychology **Neuropsychiatry Hospital**
Trainee Description: Npi offers both in and outpatient services to the clients with wide range of mental health problems such as addiction, depressive, anxiety and trauma related disorders and schizophrenic disorders.
Clinical Supervisor: Clinical Psychologist Cigdem Demirsoy.
Academic Supervisor: Özlem Bozo-Irkin.
Tasks & Duties: rotation between all units, attendance to daily and weekly visits, weekly meetings of the professionals, attendance to weekly scientific meetings, observation of psychological and psychiatric treatment of the patients, test administration & scoring.

HONORS, AWARDS AND SCHOLARSHIPS

- Koç University Vehbi Koç Scholarship, Full tuition waiver and monthly stipend during PhD studies.
- Holland Scholarship based on Academic Merit for Master studies of Non-EU students.
- Leiden Excellence Scholarship based on Academic Merit for Master studies of Non-EU students.
- Dean's High Honor List, Middle East Technical University for Major in Psychology, between the years of 2013 and 2017.
- Dean's High Honor List, Middle East Technical University for Minor in International Relations, between the years of 2014-2017.

TRAININGS, WORKSHOPS AND CERTIFICATES

- R Workshop: Multiple Regression, Logistic Regression, ANOVA, Path Analyses. Koç University. 9-11 July 2019.
- International Certificate for Schema Therapy. Internationally Certificated Trainer, Alp Karaosmanoglu. February-April 2019.
- Virtual and Augmented Reality Training, Koç University, Karma Lab. February-October 2019.
- Effective Teaching Workshop required for Teaching Assistantship. Koç University Office of Learning and Teaching. 14 September 2018.
- Learning Management System Workshop required for Teaching Assistantship. Koç University Office of Learning and Teaching. 14 September 2018.
- Introduction to Intercultural Concepts in Workplace Workshop required for Teaching Assistantship. Koç University Office of Learning and Teaching. 9 October 2018.
- Grading Workshop. Koç University Office of Learning and Teaching. 19 October 2018.
- Learning Principles and Teaching Methods. Koç University Office of Learning and Teaching. 9 November 2018.
- Stress-Management Workshop given to Turkish women in Stichting Mee, Dodrecht, the Netherlands. 8 March 2018.

MEMBERSHIPS AND VOLUNTARY WORKS

- Turkish Psychologists Association, Ankara, Turkey.
- Community Health Professionals Working with Syrians, Istanbul, Turkey.
- Rotaract Club of Bahcelievler, Ankara, Turkey.
- Leading Psychosocial Support Group for Turkish women in The Netherlands, Stitching Mee, Dodrecht, the Netherlands. March-July 2018.

LANGUAGE AND COMPUTER SKILLS

Turkish (Native Speaker), **English** (Advanced, C1 Level), **Dutch** (Beginner, A1 Level), **German** (Beginner, A2 Level)

SPSS, R Studio, MAXQDA, Qualtrics, Microsoft Office Programs.

PERSONAL INTERESTS

Creative writing, hiking, photography, voluntary work.